# Minispec HMGULA\_MIN\_002

### **Purpose**

The Minispec qNMR is a benchtop scanner that provides information about body composition parameters by using quantitative approach of a time-resolved nuclear magnetic resonance method for detection of Hydrogen (+H). The instrument allows to quantify fat, lean mass and body fluids of non-anesthetised mice. The NMR signals and corresponding amplitudes are correlated with the calibration samples properties. By using a calibration system with reference standards, the machine extrapolates values expressed in grams for lean and fat mass and in milliliters for biological fluids quantization.

# **Experimental Design**

Minimum number of animals: 7M or7F

Age at test: Unrestricted

• **Sexual dimorphism:** In general, female mice have higher body fat compared to males, which instead show greater amount of lean mass and therefore higher body weight. Genotype x sex interaction are not rare and therefore testing only one sex is acceptable but not recommended.

It is essential that all phenotyping experimentation is conducted in such a way as to reduce stress on the animal.

# **Equipment**

- 1. Analyzer unit containing the magnet system, the probe assembly and all electronics
- 2. Standard PC with user interface (GUI) for measurement control and data processing with apparatus software installed
- 3. Body weight scale
- 4. Calibration/ Daily Check sample
- 5. Sample tube

### **Procedure**

1. Prepare and calibrate the Minispec NMR system to confirm the accuracy measurement by performing a daily check prior to each experiment

- 2. Select the appropriate calibration curve, previously generated in the software interface, covering highest and lowest values
- 3. Place the animal on a weight scale and report the exact body weight at the time of measurement
- 4. Place the animal in the measuring tube and insert the latter in the machine and start the measurement by clicking the specific button on the computer interface
- 5. Wait for the analysis to be over and remove the animal from the tube by placing it back inside its cage
- 6. Wipe clean the tube to remove any feces or urine residues
- 7. Repeat the same procedure for other animals
- 8. Generating a data report: Download and upload of all the data from the experimentation including:
  - Fat mass (grams)
  - Lean mass (grams)
  - Free fluids (milliliters)
  - Body weight (grams)
- 9. Wash and wipe clean the tube and removable tools with appropriate disinfectant solution (Magnesium monoperoxyphthalate hexahydrate)

### **Notes**

The system requires periodic daily check for calibration to ensure precise measurements. The calibration procedure consists of the insertion of a sampling tube of known composition and it is required on a daily basis. The analyzers should not be shut down if not urgently required for maintenance. Minispec analysis should not be conducted after a long fasting in order to avoid body fat or lean mass loss.

#### Personal Safety:

The instrument contains strong magnetic fields, some of which extend beyond the magnet unit house. These pose no danger to routine users but are hazardous to persons with heart pacemakers or other medical implantations as well as metal implants.

Ferromagnetic materials, tools and electromagnets must be kept away from the device.

#### Data QC

- 1. Correct calibration according to manufacturer's manual.
- 2. Minispec daily-check successfully conducted.
- 3. Weight scale calibration correctly done.
- 4. Cleaning of sample tube between measurements.
- 5. For each animal, 2 measurements are taken at different times. Data with sequence\_id 1 is the first measurement and data with sequence\_id 2 is the second measurement.

#### **Parameters and Metadata**

### Fat mass NMR HMGULA MIN 003 001 | v1.0

simpleParameter

Req. Analysis: false	Req. Upload: true	Is Annotated: true	
<b>Unit Measured:</b> g			

## Lean mass NMR HMGULA\_MIN\_004\_001 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

**Unit Measured:** g

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# Body mass NMR HMGULA\_MIN\_005\_001 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true Unit Measured: g Free fluid HMGULA MIN 006 001 | v1.0 simpleParameter Req. Analysis: false Req. Upload: false Is Annotated: false Unit Measured: g Date/time of procedure start HMGULA\_MIN\_007\_001 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: true Is Annotated: false

# Minispec equipment ID HMGULA\_MIN\_008\_001 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

<b>Options:</b> 1030, 1258,				
Minispec equipment manufacturer HMGULA_MIN_009_001   v1.0 procedureMetadata				
Req. Analysis: true	Req. Upload: true	Is Annotated: false		
Options: Bruker,				
Minispec equipment model HMGULA_MIN_010_001   v1.0 procedureMetadata				
Req. Analysis: true	Req. Upload: true	Is Annotated: false		
Options: Minispec LF50, Minispec LF65,				
Mouse status HMGULA_MIN_011_001   v1.0 procedureMetadata				
Req. Analysis: true	Req. Upload: true	Is Annotated: false		
Options: Awake,				

# Anesthesia HMGULA\_MIN\_012\_001 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

Options: No anesthesia,

# Experimenter ID HMGULA\_MIN\_013\_001 | v1.0

procedureMetadata

Req. Analysis: false Req. Upload: true Is Annotated: false

### Balance equipment ID HMGULA\_MIN\_014\_001 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

Options: 1158, 1259, 1000, 1299,

# Balance manufacturer HMGULA\_MIN\_015\_001 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

Options: Kern & Sohn GmbH,	, Sartorius,				
Balance equipment model HMGULA_MIN_016_001   v1.0 procedureMetadata					
Req. Analysis: true	Req. Upload: true	Is Annotated: false			
<b>Options:</b> 440-47N, Cubis, CP2202S,					