Fasted Clinical Chemistry ESLIM_021_001

Purpose

For the determination of biochemical parameters in plasma, total cholesterol, HDL cholesterol, non-HDL cholesterol, triglycerides, glucose, free fatty acids and glycerol using an Olympus AU400 analyser (Olympus Diagnostics).



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Standard Operating Procedure

1. Purpose:

For the determination of biochemical parameters in plasma, total cholesterol, HDL cholesterol, non-HDL cholesterol, triglycerides, glucose, free fatty acids and glycerol using an Olympus AU400 analyser (Olympus Diagnostics).

2. Associated Documents:

ESLIM_024_001: Blood collection by retro-orbital puncture

ESLIM_025_001: Blood collection by tail venipuncture

ESLIM 026 001: Blood sample handling Clinical chemistry

ESLIM_015_001_Annex_1: Clinical chemistry reagents

ESLIM 015 001 Annex 2: Clinical chemistry calibrators

ESLIM 015 001 Annex 3: Clinical chemistry controls

Olympus AU400 analyser operator manual

3. Notes

- 3.1. The validity of results obtained from metabolic studies is largely dependent on methods of animal husbandry. It is of vital importance that individuals following this procedure are experienced and aware of the animal's welfare, and are familiar with the animal being tested, in order to reduce the anxiety levels of the animal prior to testing.
- The majority of mouse metabolic studies are age/sex/strain dependent. It is

important to keep these parameters comparable throughout a single experiment.



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> 3.3. It is recommended that all metabolic experimentation is conducted at approximately the same time of day because physiological and biochemical parameters change throughout the day.

4. Quality Control:

- 4.1. Each morning, all parameters are tested with control sera (see ESLIM_015_001_Annex_3: Clinical chemistry controls). Some parameters are tested with control serum level 1 (Olympus System Reagent, ODC0003) and control serum level 2 (Olympus System Reagent, ODC0004), which consists of lyophilised human plasma with a normal and a pathological concentration. Other parameters are tested with specific controls from other suppliers.
- 4.2. Controls are thawed and vortexed before utilisation and loaded according to the analyser's display. Control values must lie within the acceptable range indicated by the manufacturer, otherwise the specific tests must be recalibrated and specific measurements repeated. Controls can be stored in 200µl aliquots at -20°C for up to 1 week.

5. Equipment:

- Olympus AU400 analyser (Olympus Diagnostics)
- 5.2. Vortex
- 5.3. Refrigerated centrifuge
- 5.4. Eppendorf tubes
- 5.5. Pipettes (200-1000μl)



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6. Supplies:

6.1. Deionised water

6.2. Reagents:

All reagents for Olympus AU400 from Olympus Diagnostics and other suppliers (see ESLIM_015_001_Annex_1: Clinical chemistry reagents

6.3. Calibrators:

All calibrators for Olympus AU400 from Olympus Diagnostics and other suppliers (see ESLIM_015_001_Annex_2: Clinical chemistry calibrators

6.4. Quality control:

All quality controls for Olympus AU400 from Olympus Diagnostics and other suppliers (see ESLIM_015_001_Annex_3: Clinical chemistry controls

7. Procedure:

Summary of protocol:

- Fasting
- Collection and storage
- Calibration
- Sample preparation
- Analysing results



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7.1. Fasting

 Fast animals overnight prior to blood sampling and record period of fasting (see metadata parameter in section 9).

7.2. Collection and storage:

 Collect blood samples according to the blood sample collection and handling SOPs

(see

ESLIM 024 001 Blood collection retro-orbital puncture,

ESLIM_025_001 Blood collection tail venipuncture,

ESLIM_026_001 Blood sample handling clinical chemistry).

- 7.2.2. Keep whole blood samples on wet ice until centrifugation and then keep plasma samples on wet ice or in the fridge until analysis (allowing them to reach room temperature prior to analysis). Record whether samples are kept on ice between collection and analysis (see metadata parameter in Section 9).
- 7.2.3. Stability during storage varies between plasma parameters (see ESLIM_015_001_Annex_1: Clinical chemistry reagents. If analyses are not performed on the day of collection, store plasma samples at minus 20°C.
- 7.2.4. Volume required: 60-80µ1.
- 7.2.5. Exclusion criteria: severe haemolysis.

7.3. Calibration:

- 7.3.1. Frequency of calibration varies between tests and depends on the workflow, (see operator manual and ESLIM_015_001_Annex_2: Clinical chemistry calibrators
- 7.3.2. Calibration is required when an existing calibration expires, when reagents

are replaced and when conduit results rail outside specified acceptable ranges.

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7.3.3. Most of the parameters are calibrated using the Olympus system calibrator. Parameters that cannot be calibrated with the Olympus system calibrator need additional calibration material - see ESLIM_015_001_Annex_2: Clinical chemistry calibrators

7.4. Sample preparation:

- 7.4.1. Prepare the plasma samples collected on the same day of the measurement (see section 4.0) or thaw frozen samples.
- 7.4.2. Use plasma samples undiluted or diluted to a ratio of 1:2 with deionised water if the volume is insufficient.
- Vortex all plasma samples and briefly centrifuge them at ~5000 x g for 2 -3 minutes.
- 7.4.4. If necessary, remove fibrinogen clots using a wooden applicator.
- 7.4.5. Load the racks according to the work lists.

7.5. Analysing results:

- 7.5.1. Samples that produce results that lie outside the linear range for a specific assay have to be re-tested. In some cases it may be necessary to dilute samples with water to bring test results into range.
- 7.5.2. Validate the data.
- 7.5.3. Transfer the data to the database



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8. Parameters recorded:

The following parameters are required.

- Glucose
- Total cholesterol
- Triglycerides
- Free fatty acids
- HDL-cholesterol.

The following parameters are optional.

LDL-cholesterol

9. Metadata recorded:

The following metadata is required.

- Equipment name
- Equipment manufacturer
- Equipment model
- Method of blood collection
- Date/Time of blood collection
- Fasting prior to experiment
- Period of fasting
- Moved from cage for fasting
- Plasma dilution.
- Sample Status
- Anaesthesia used for blood collection
- Samples kept on ice between collection and analysis

(e.g. Clinical chemistry analyzer)

(e.g. Olympus Diagnostics)

(e.g. AU400)

(e.g. retro-orbital)

should be yes

fasting will be entered as an approximate period, e.g. 14 hours

(e.g. neat)

(e.g. fresh)

(e.g. isofluorane)

should be recorded as yes or no



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The following metadata is optional.

- EMPReSSID for blood collection SOP
- Day of measurement

10. Supporting information:

There is no supporting information available for this SOP.

11. History Review:

There is no history review available for this SOP.

Parameters and Metadata

Glucose ESLIM_021_001_001 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

Unit Measured: mmol/l

Description: Glucose

Total cholesterol ESLIM_021_001_002 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

Unit Measured: mmol/l

Description: Total_cholesterol

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Triglycerides ESLIM_021_001_003 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

Unit Measured: mmol/l

Description: Triglycerides

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Free fatty acids ESLIM_021_001_004 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

Unit Measured: mmol/l

Description: Free_fatty_acids

HDL-cholesterol ESLIM_021_001_005 | v1.0

simpleParameter

Req. Analysis: false Req. Upload: true Is Annotated: true

Unit Measured: mmol/l

Description: HDLcholesterol

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LDL-cholesterol ESLIM_021_001_006 | v1.0

Req. Analysis: false Req. Upload: false Is Annotated: true Unit Measured: mmol/l **Description:** LDLcholesterol **Glycerol** ESLIM_021_001_007 | v1.0 simpleParameter Req. Analysis: false Req. Upload: false Is Annotated: true Unit Measured: mmol/l **Description:** Glycerol Equipment name ESLIM_021_001_801 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: true Is Annotated: false **Description:** Equipment_name

Equipment manufacturer ESLIM_021_001_802 | v1.0

Req. Analysis: true Req. Upload: true Is Annotated: false **Description:** Equipment_manufacturer Equipment model ESLIM_021_001_803 | v1.0 procedureMetadata Req. Analysis: true Req. Upload: true Is Annotated: false **Description:** Equipment_model Method of blood collection ESLIM_021_001_804 | v1.0 procedureMetadata Reg. Analysis: true Reg. Upload: true Is Annotated: false **Description:** Method_of_blood_collection EMPReSSID for blood collection SOP ESLIM_021_001_805 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: false Is Annotated: false

Description: EMPReSSID_for_blood_collection_SOP

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Date/time of blood collection ESLIM_021_001_806 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: false Is Annotated: false **Description:** DateTime of blood collection Fasting prior to experiment ESLIM_021_001_807 | v1.0 procedureMetadata Req. Analysis: true Req. Upload: true Is Annotated: false **Description:** Fasting_prior_to_experiment Options: yes, no, Approximate period of fasting ESLIM_021_001_808 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: true Is Annotated: false Unit Measured: Hours **Description:** Approximate_period_of_fasting

Moved from cage for fasting ESLIM_021_001_809 | v1.0

procedureMetadata

Req. Analysis: false Req. Upload: true Is Annotated: false

Description: Moved_from_cage_for_fasting

Options: yes, no,

Plasma dilution ESLIM_021_001_810 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

Description: Plasma_dilution

Sample status ESLIM_021_001_811 | v1.0

procedureMetadata

Req. Analysis: true Req. Upload: true Is Annotated: false

Description: Sample_Status

Options: fresh, frozen,

Anaesthesia used for blood collection ESLIM_021_001_812 | v1.0

procedureMetadata

Options: yes, no,

Req. Analysis: true Req. Upload: true Is Annotated: false **Description:** Anaesthesia_used_for_blood_collection Date of measurement ESLIM_021_001_813 | v1.0 procedureMetadata Req. Analysis: false Req. Upload: false Is Annotated: false **Description:** Date_of_measurement Samples kept on ice between collection and analysis ESLIM _021_001_814 | v1.0 procedureMetadata Reg. Analysis: false Reg. Upload: true Is Annotated: false **Description:** Samples kept on ice between collection and analysis